



## Community space weekly/monthly classes:

Pilates Classes: Every Mon 18:00-19:00

Every Wed 9:45-10:45 - Nicola Smith: [nicolagibb28@googlemail.com](mailto:nicolagibb28@googlemail.com)

Every Thurs 19:15-20:15

Yoga & Pilates Classes: Every Tues 10:30-11:30

Yoga: Every Fri 9:30-10:30/10:45-11:45 - Rachael Gillies: [lunasanayoga@yahoo.com](mailto:lunasanayoga@yahoo.com)

Evening Yoga: Every Wed 18:15-19:15

Martial Arts: Every Tues 18:00-20:00

Every Thurs 17:30-19:00 – Jennie Clark: [martialartsjclark@btinternet.com](mailto:martialartsjclark@btinternet.com)

Tai Chi: Every Tues & Wed 13:30-14:30 – Zabeth Reid: [zabtaichi@gmail.com](mailto:zabtaichi@gmail.com)

Alzheimer's Café: Every other Thurs 10:00-13:00 – Julie Woan:

[Julie.Woan@alzheimers.org.uk](mailto:Julie.Woan@alzheimers.org.uk)

YMCA: Every Mon 19:30-21:30 – Natalie Walton: [NatalieWalton@ymca-bg.org](mailto:NatalieWalton@ymca-bg.org)

Golden-Oldies: one Thurs a month (contact) 10:45 – 12:15 – Emma Shearman: [events@golden-oldies.org.uk](mailto:events@golden-oldies.org.uk)

Smokefree Somerset classes: Thurs 14:00-16:00 - [michelle.broom@somerset.gov.uk](mailto:michelle.broom@somerset.gov.uk)

YSHC: Every Sat (Hockey season Sep-Apr) All working day – Joanna Stevenson:  
[secretary@yshc.co.uk](mailto:secretary@yshc.co.uk)

Canine First Aid courses: Next course Sunday 24 March 09:30-16:30 – John McGeever  
[yeovilgreyhoundwalk@gmail.com](mailto:yeovilgreyhoundwalk@gmail.com)

Junior Park Run: Every Sun 08:00-10:00 - [yeovilrecjuniors@parkrun.com](mailto:yeovilrecjuniors@parkrun.com)